



POSITIVE COACHING ALLIANCE PARENT PLEDGE

**Please read, initial each item, sign and return to your
Team Parent no later than March 18th 2015**

1. I pledge to get my child to practice and games on time. I understand that it can be embarrassing for my child to be late and that I may be putting him/her at risk for not providing adequate time for warm up. I will be on time to pick up my child from all games and practices. This shows respect for the coach, and it tells my child that he/she is my top priority. _____
2. I pledge to use positive encouragements to fill my child's "Emotional Tank" because athletes do their best when their "Emotional Tank" is full. I understand that fewer than 1% of youth sports participants receive college scholarships and that the top three reasons kids play sports are; a) to have fun, b) to make new friends, and c) to learn new skills. I understand that the game is for the players, and I will keep sports in the proper perspective. _____
3. Pledge to reinforce the ELM Tree of Mastery with my child. (E for Effort, L for Learning and M for bouncing back from Mistakes). Winners are people who make maximum effort, continue to learn and improve, and do not let mistakes, or fear of making mistakes, stop them. I understand that mistakes are an inevitable part of any game and that people learn from their mistakes. I understand that children are born with different abilities and that the true measure is not how my child compares to others, but how he/she is doing in comparison to his/her best self. _____
4. I pledge to "Honor the Game". I understand the importance of setting a good example for my child. No matter what others may do, I will show respect for all involved in the game including coaches, players, opponents, opposing fans, and officials. I understand that officials make mistakes. If the official makes a "bad" call against my team, I will Honor the Game and be silent! _____
5. I pledge to refrain from yelling out instructions to my child. I understand it is the coach's job. I understand that games are chaotic times for children trying to deal with fast-paced action and responding to opponents, teammates and coaches. I will limit my comments during the game to encouraging my child and other players for both teams. _____
6. I pledge to refrain from making negative comments about my child's coach in my child's presence. I understand that this plants a negative seed in my child's head that can negatively influence my child's motivation and overall experience. _____

I will honor the PCA Parent Pledge in my words and actions.

Parent's Signature

Print Child's Name

Parent's Signature